

12.3 Nut Allergy Policy

Although we recognise that this cannot be guaranteed, Robin Preschool aims to minimise the risk of allergic reactions to nuts. Our policy serves to set out all measures to reduce the risk to those children and adults who may suffer an anaphylactic reaction if exposed to nuts to which they are sensitive. The Preschool aims to protect children who have allergies to nuts yet also help them, as they grow, to take responsibility as to what food they can eat and to be aware of where they may be put at risk. We do not allow nuts or nut products in school lunch boxes.

Our Nut Allergy Policy means that the following items should not be brought into school.

- Packs of nuts,
- Peanut butter sandwiches,
- Fruit and cereal bars that contain nuts,
- Chocolate bars or sweets that contain nuts,
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes made with nuts.

However, we cannot guarantee freedom from nut traces. We cannot give out any sweets brought in from home to be give out as birthday treats.

Definition

Anaphylaxis (also known as anaphylactic shock) is an allergic condition that can be severe and potentially fatal.

Anaphylaxis is your body's immune system reacting badly to a substance (an allergen), such as food, which it wrongly perceives as a threat. The whole body can be affected, usually within minutes of contact with an allergen, although sometimes the reaction can happen hours later.

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|---|-------|--------------------|
| This policy was adopted by | _____ | (name of provider) |
| On | _____ | (date) |
| Date to be reviewed | _____ | (date) |
| Signed on behalf of the provider | _____ | |
| Name of signatory | _____ | |
| Role of signatory (e.g. chair, director or owner) | _____ | |